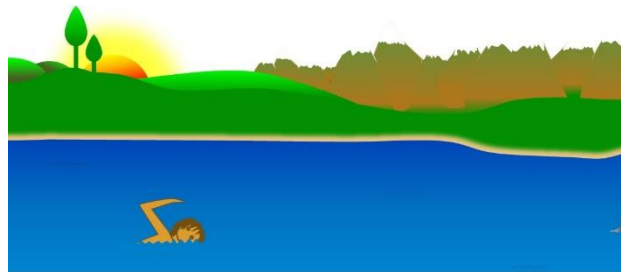


## SWIMMING IDIOMS AND EXPRESSIONS

idiom	meaning	example
dive in	start doing something enthusiastically	Dinner is on the table, dive in before it's all gone.
get along swimmingly	be friendly with another person, get on well	Don't worry about the kids, they're getting along swimmingly.
in deep water	in difficulty/trouble	I've been summoned to the school. Lilly is in deep water.
jump in feet first	do something quickly without hesitating or panicking	Starting a new school is scary, jump in feet first and you'll be fine.
jump in with both feet	start doing something enthusiastically	Louis is a great addition to the team, he jumped in with both feet.
keep one's head above water	survive in difficult times, especially with money	The first part of the year was difficult, now we're keeping our heads above water.
nosedive	rapidly begin to fail/decrease	Our profits have nosedived in the last quarter. We're in trouble.
out of one's depth	not have enough knowledge	Wendy has started a job at a top law firm. I think she's out of her depth.
sink or swim	fail or succeed	I finally kicked my son out. His behaviour was terrible. It's sink or swim now
swim against the tide	not follow what everyone else is doing	We can't swim against the tide, we need to give the consumers what they want.

idiom	meaning	example
test the water	try and find out people's reaction before deciding to do something	A fund-raising day might be an option. I'll test the water before arranging anything.
throw in at the deep end	make someone do something difficult without preparing them for it	I've never baked, and I've got to make a wedding cake. I'm being thrown in at the deep end.



# swimming