

STOMACH IDIOMS AND EXPRESSIONS

idiom	meaning	example
beer belly	a big stomach due to eating/drinking too much	We need to go on a diet after our holiday. We've got beer bellies.
can't stomach someone/something	dislike, hate, can't tolerate	I can't stomach that new boy in our class, he's rude and obnoxious.
cast-iron stomach	can eat weird and wonderful food and not feel sick	I thought I had a cast iron stomach, but I was violently sick for the first 6 days of my holiday.
eyes bigger than one's belly	take more food than you can eat	We always have eyes bigger than our bellies when we go to sushi restaurants.
go belly up	go spectacularly wrong	My new business venture went belly up in the first 6 months. I'm back working in a factory.
hard/difficult to stomach	hard to accept something that is wrong/unpleasant	Watching children beg on the street is hard to stomach.
have butterflies in one's stomach	your stomach feels funny because you are scared, nervous, anxious etc.	I had butterflies this morning, but they went just before the exam.
haven't got the stomach for something	not brave enough to do something unpleasant or daring	I couldn't be a surgeon; I haven't got the stomach for it.
turn one's stomach	make you feel sick/disgusted	Our stomachs were turning on the rollercoaster.

