

OTHER BODY IDIOMS AND EXPRESSIONS

idiom	meaning	example
Achilles' heel	a weakness	Thompson's Achilles' heel is his left hand. He can't return the ball with it.
at the top of one's lungs	as loud as possible	The home fans chanted at the top of their lungs after they went 2-0 up.
beach body	a slim/toned body ready to be shown in the hot weather	I need to hit the gym 4 times a week if I want a beach body this summer.
body part + ache	a continuous dull pain in a part of one's body	I've eaten too much ice cream; I've got a stomach-ache.
booby prize	a joke prize given to the person who comes last	I hope I don't come last this year; I don't want the booby prize again.
go for the jugular	attack someone where it will hurt them the most	Marie wanted full custody, so she went for the jugular and brought up Scott's drug addiction.
go out on a limb	take a risk for something you believe in	The lawyer went out on a limb for the defendant as he knew he wasn't guilty.
go tits-up	go wrong	We were winning until the final 10 minutes then it all went tits-up. They scored 3.
in the flesh	meet someone face to face	I've been messaging a guy for months. I'm going to see him in the flesh tonight.

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joined at the hip	be very close to someone	My cat and dog are joined at the hip. It's so nice watching them play together.
keep your trap shut	don't say anything, keep the secret	My brother broke the TV. He told me to keep my trap shut or he would kill me.
over my dead body	something will never happen	I told my mum I'm going to marry Michael. She said over her dead body.
raise eyebrows	surprise or shock people	There were raised eyebrows as the vicar was arrested.
send shivers down one's spine	scare, terrify, exhilarate, or excite someone	I saw Guns 'n' Roses play live, they sent shivers down my spine.
skeleton in one's closet	an embarrassing/damaging secret	I'm seeing a guy; I think he has a few skeletons in his closet.
the dog's bollocks	describe something as brilliant, fantastic, excellent, the best etc.	William thinks he's the dog's bollocks at hockey, Adam is much better than him.
thinning on top	losing your hair, going bald	Kaden started to thin on top when he was in his teens.

