

HAIR IDIOMS AND EXPRESSIONS

| idiom | meaning | example |
|--------------------------|---|---|
| a hair's breadth | a very small margin/amount | I came within a hair's breadth of dying last year. I was in a car crash. |
| bad hair day | a day when your hair is unmanageable, and everything goes wrong | I had a bad hair day yesterday. Hopefully, I don't today. |
| carrot top | a person with red hair | I love being a carrot top, I feel unique and special. |
| get in someone's hair | annoy someone | My little brother is getting in my hair, I'm trying to revise for my exams. |
| hair of the dog | drink alcohol when you are hungover | Give Mike a hair of the dog. That will make him feel better. |
| keep your hair on | tell someone not to get angry or upset | Keep your hair on, we still have 50 minutes before the concert starts. |
| let one's hair down | relax and have fun | The kids are with grandad so I will let my hair down this weekend. |
| not a hair out of place | a person looks very neat/tidy/smart | He's been out all night and he still hasn't got a hair out of place. |
| put hairs on one's chest | something is very strong | My mum said if I eat spinach soup everyday it will put hairs on my chest. |
| silver fox | a handsome grey-haired man | Rufus was a geek at school, now he's a silver fox. |

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| tear one's hair out | be very agitated, upset, angry, worried, frustrated etc. | It's been raining for days. The dog is so bored, he's tearing his hair out. |
| thinning on top | losing your hair, going bald | Kaden started to thin on top when he was in his teens. |

