

ELBOW IDIOMS AND EXPRESSIONS

idiom	meaning	example
elbow grease	hard physical work	It looks like you put a lot of elbow grease into cleaning the kitchen.
elbow room	sufficient space to move or work	I'm not booking tickets in the front row again. There was no elbow room, and someone knocked over my drink.
give someone the elbow	reject or dismiss someone	Sammy only worked with us for 3 weeks before he was given the elbow.

