

FOOTBALL/SOCCER IDIOMS AND EXPRESSIONS

idiom	meaning	example
get a kick out of something	to enjoy something/get pleasure out of something	I really get a kick out of fishing, I've been twice this week already.
get/set the ball rolling	start a process	I want to sell my house. I'll call the estate agent and get the ball rolling tomorrow.
keep one's eye on the ball	stay focused	We need to keep our eye on the ball, our final exams start in a month.
keep the ball rolling	maintain the momentum/progress	Ernie founded the charity before he passed. It's up to us to keep the ball rolling.
kick off	the start of an event/activity or start arguing/fighting	I'm leaving work at 6, so I'll be back in time for kick off.
move the goalposts	change the rules/parameters to make a situation more difficult	I met the conditions, but they refused my proposal. They can't keep moving the goalposts.
on the ball	alert, focused, efficient	You haven't been on the ball recently. Are you having problems at home?
on the bench	a substitute, not participating	I've got a knee injury; I'll be on the bench for at least 6 weeks.
on the sidelines	not actively participating	Thomas has hurt his knee, so he'll be on the sidelines today.
onside	persuade someone to support/agree with you	Once the council are onside, we can go ahead with the house extension.
tackle something	deal with a task/problem/issue	I'll tackle the pile of paperwork on my desk after lunch.



football