

AMERICAN FOOTBALL IDIOMS

idiom	meaning	example
blindsided	be surprised in a negative way	We were all blindsided by his decision to quit the panel.
drop back	move to the back of the group	Richards dropped back and waited for the pass from McDonough.
kick into touch	stop something happening/succeeding	Our plans for a new home have been kicked into touch now I'm unemployed.
kick off	the start of an event/activity or start arguing/fighting	I'm leaving work at 6, so I'll be back in time for kick off.
on the sidelines	not actively participating	Thomas has hurt his knee, so he'll be on the sidelines today.
run with	be in charge of something and do it independently	Do you think I can trust Ryan to run with the case while I'm away?
tackle something	deal with a task/problem/issue	I'll tackle the pile of paperwork on my desk after lunch.
touch down	score in rugby/American football or when an aircraft lands	I scored a touchdown in the last minute to win us the game.

