

PHRASAL VERBS WITH 'HOLD'

phrasal verb	meaning	example
hold back	stop something from happening	The suspect held back some vital information when being questioned over the murder.
hold down	keep a job or prevent someone/something from moving	My cousin has held down a job for 6 months since leaving prison.
hold off	no bad weather or stop someone attacking/beating you	Hold on! I need to check I've turned the oven off before we leave.
hold on	wait or hold something tightly	Hold on! I need to check I've turned the oven off before we leave.
hold on to	keep, look after, don't lose	Can you hold on to my car keys for me? The pockets aren't deep enough in these shorts.
hold out	hold something in front of you	The beggar held out a cup and asked people for money.
hold out for	wait for something better	I've held out for long enough. I don't think I'm going to find my Prince Charming.
hold together	keep intact	I just about held it together at the funeral, it was so upsetting.
hold up	a delay or rob a place using violence	I'll be a little late for the meeting, I've been held up at home.

